



Region 2 Black Belt Camp

February 15th & 16, 2019
Goodyear, Arizona



Region 2 is very excited to have its first ever Black Belt Camp! This will be an event like no other where you will be able to learn from the Masters within our region. The theme for this event is "Moo Shim". Plan to come with an empty mind ready to learn! If you have any questions regarding the event, please contact Ms. Brooke Sexton at P: 623-695-9522 or by email: Brooke.Sexton92@gmail.com

Register Online at: <https://www.region2wtsda.com/Events>

Early Bird Price: \$39

Price Increase February 1st: \$49

Hotel Accommodations:

Comfort Suites- Rate \$120 per night (normal rate of \$169)

15575 W Roosevelt St.

Goodyear, AZ 85338

Important Note if you need a hotel room: Contact Ms. Sexton directly to reserve your room. In order to get the best rate possible, we pre-reserved a select number of rooms so ROOMS ARE LIMITED!

Friday Night-Judging Certification

Time: 6pm – 9pm

Location: Starworld Goodyear
13235 W. Thomas Rd.
Goodyear, AZ 85395

All black belts should plan to attend to brush up on their judging skills. Those who need to be certified or renew, this will be your **only** opportunity for the year. For those who do not need to certify or are under the age limit, there will still be plenty for you! We will work on Scorekeeping and Timekeeping regulations. Plus, we will need some volunteers to spar for the practical exam!

Saturday- Black Belt Camp

Time: 8am – 4pm

Location: Palm Valley Elementary Gymnasium (Half a mile from Starworld)
2801 North 135th Avenue
Goodyear, AZ 85395

The event will be setup where YOU get to choose what you want to learn! There will be multiple sections going on at a time, and you will have to pick one. The sessions will be repeated (minus the lectures) so you will get another chance to learn if you missed one in the morning. Make sure to plan ahead and check out the schedule to find the class that is best for you and your studio!



Region 2 Black Belt Camp

February 15th & 16, 2019
Goodyear, Arizona



Tentative Schedule:

Time	Instructor	Topic/Subject
8am	Master Williamson	Opening Remarks
8:15am-9:15am		Break Out Session 1
	Master Pacini	Focus Mitt Drills
	Master Lindsay	One Step Timing and Split Second
	Master Finger	Joint Locks in Ho Sin Sul
9:15am-10:15am		Break Out Session 2
	Master Williamson	5th Dans and above Forms
	Master Gubler	Basic Variation Drills
	Master S. Larson	Tiny Tiger Drills
	Master I. Larson	Kick Drills on the Paddles
	Master Boeckman	TSD Forms and Weapons
10:15am-11:15am		Group Lectures 1
	Master Williamson	WTSDA Regulations, Policy and Procedure for Black Belts and Studio Owners
	Master Gubler	Rotating Curriculum and its Benefits for Instructors
	Master I. Larson	Importance of Stretching
11:15am-11:30am		Line up and Dismiss for Lunch
11:30am-12:30pm		Lunch (Studio Owners Meeting)
12:30pm-1:30pm		Break Out Session 3
	Master Pacini	Focus Mitt Drills
	Master Lindsay	One Step Timing and Split Second
	Master Finger	Joint Locks in Ho Sin Sul
1:30pm-2:30pm		Break Out Session 4
	Master Williamson	5th Dans and above Weapons
	Master Gubler	Basic Variation Drills
	Master S. Larson	Tiny Tiger Drills
	Master I. Larson	Kick Drills on the Paddles
	Master Boeckman	TSD Forms and Weapons
2:30pm-3:30pm		Group Lectures 2
	Master Williamson	Recruitment & Retention: New Students and Keeping Current Students
	Master S. Larson	First Aid
	Master Finger	Physical Effects of Stress on the Body
3:30pm-4pm		Group Drill
4pm		Closing Remarks



Region 2 Black Belt Camp

February 15th & 16, 2019
Goodyear, Arizona



Places to Eat

There are several places to eat near the event for lunch on Saturday. These are just a few- there are many more!

I-10 and Litchfield Road

Chipotle

1560 N Litchfield Rd
Goodyear, AZ 85338

Freddy's Frozen Custard & Steakburgers

1340 N Litchfield Rd
Goodyear, AZ 85395

Wendy's

1178 N Litchfield Rd
Goodyear, AZ 85395

I-10 and Dysart Rd

Panda Express

1550 N Dysart Rd
Goodyear, AZ 85338

Chick-Fil-A

1466 N Dysart Rd
Goodyear, AZ 85395

Jersey Mike's Subs

1550 N. Dysart Rd
Goodyear, AZ 85338

In-N-Out Burger

1525 N Dysart Rd
Avondale, AZ 85323